

All WOMEN out there

Always Remember the first Wealth is HEALTH!!

Let's Accelerate Action for Women's Health through active awareness raising on

- Mental health: Conditions such as anxiety, depression, and trauma-related disorders
- Access to care: Barriers such as cost, stigma, or geographic limitations
- Lifestyle factors: Nutrition, exercise, and managing stress
- Preventive health: Regular screenings (e.g., Pap smears, mammograms) and vaccinations.

Happy & Healthy International Women's Day, March 8

















